

HHLA Senior Care Resources

[Free Meals & Nutritional Programs For Older Adults & Families](#)

[Supportive Services Program \(SSP\)](#)

A variety of services are available to address functional limitation, maintain health and independence, promote socialization, and ensure access to older adult services. Preference is given to those older individuals with the greatest economic and/or social needs.

- Case Management
- Homemake
- Personal Care
- In-Home Respite Care
- Alzheimer's Day Care
- Registry Services

[Health Insurance Counseling & Advocacy \(HICAP\)](#)

Supported by trained volunteers, HICAP provides community education and counseling assistance with Medicare and related health insurance issues through advocacy or legal representation.

[Traditional Legal Assistance Program \(TLAP\)](#)

Traditional Legal Assistance is provided to individuals 60 years of age and older with economic or social needs. This valuable service is provided by a member of the California State Bar or a non-attorney supervised by a member.

- Bet Tzedek Legal Services
3250 Wilshire Blvd., 13th Floor
Los Angeles, CA 90010 (323) 939-0506

HHLA Senior Care Resources

Family Caregiver Support Program (FCSP)

This program provides support to unpaid caregivers caring for elderly relatives, or to older caregivers of younger family members. The purpose of the program is to help minimize the negative emotional, physical, and financial consequences of unpaid family caregiving.

Providers list:

- Santa Clarita Valley (COA)
22900 Market Street
Newhall, CA 91321
(661) 259-9444
- USC/LA Caregiver Center
3715 McClintock Ave.
Los Angeles, CA 90089-0191
(855) 872-6060 or (800) 540-4442
- USC/LA Caregiver Resource Center (Rosemead)
4807 Earle Ave.
Rosemead, CA 91770
(855) 872-6060 or (800) 540-4442

Los Angeles County Community and Senior Centers

Los Angeles County Community and Senior Centers offer a wide range of services and social activities for our local communities. Our Centers provide opportunities for daily learning, skills enhancement, community engagement, socialization, and healthy living for residents of all ages. Below are some of the services offered:

Free rides and appointment assistance for COVID-19 vaccination

- Residents with disabilities or without computer access can call 833-540-0473 between 8:00 am and 8:30 pm 7 days a week for assistance with appointments.

HHLA Senior Care Resources

In-home vaccination (from County of LA Public Health Government site)

Los Angeles County residents can apply in 2 ways:

1. Call the DPH Vaccine Call Center 833-540-0473 open daily 8am to 8:30pm, or
2. Fill out the online request form (the form has multiple language options)

Long Beach residents can apply for in-home vaccination here.

- Pasadena residents can call the Pasadena Citizen Service Center at 626-744-7311, Monday through Friday, 8 a.m. at 4 p.m.

Paratransit & Free Rides

NEED A RIDE? Free rides to and from vaccination sites are available. No smartphone app needed. Call the Call Center to book your ride. For information about paratransit or other transit services for people with disabilities, call the Call Center.

- DPH Vaccine Call Center 833-540-0473; open daily from 8am to 8:30pm.

To register for dial-a-ride services across SoCal/ Reservation-based transportation for seniors (60+) and persons with disabilities, click [here](#).

[How to Get a Reduced Fare TAP card for Seniors](#)